

## Observation of 'International Yoga Day', 2022

8<sup>th</sup> International Yoga Day was observed in our college on 21.06.2022 by organising a yoga training session. The event was conducted by NSS Unit-1 of our college. This year the theme of this day was 'Yoga for Humanity'. Ms.Bidisha Chatterjee and Mr.Souvik Day, Co-founder of Aniruddha Creation, Yoga Alliance were invited as Resource Persons. Both students and teachers participated in this programme with great enthusiasm and they were also highly benefitted by this yoga training session.



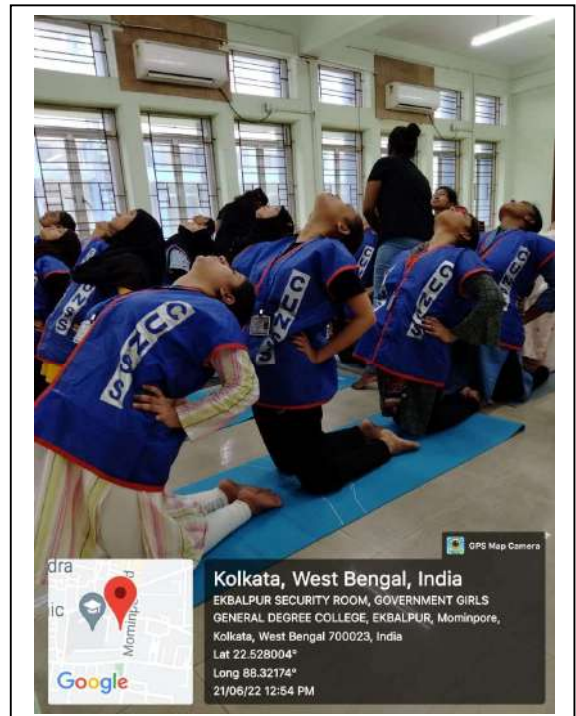
Yoga Training Session for the Students



Yoga training session for the teachers

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Yoga training session for the students



Our Team