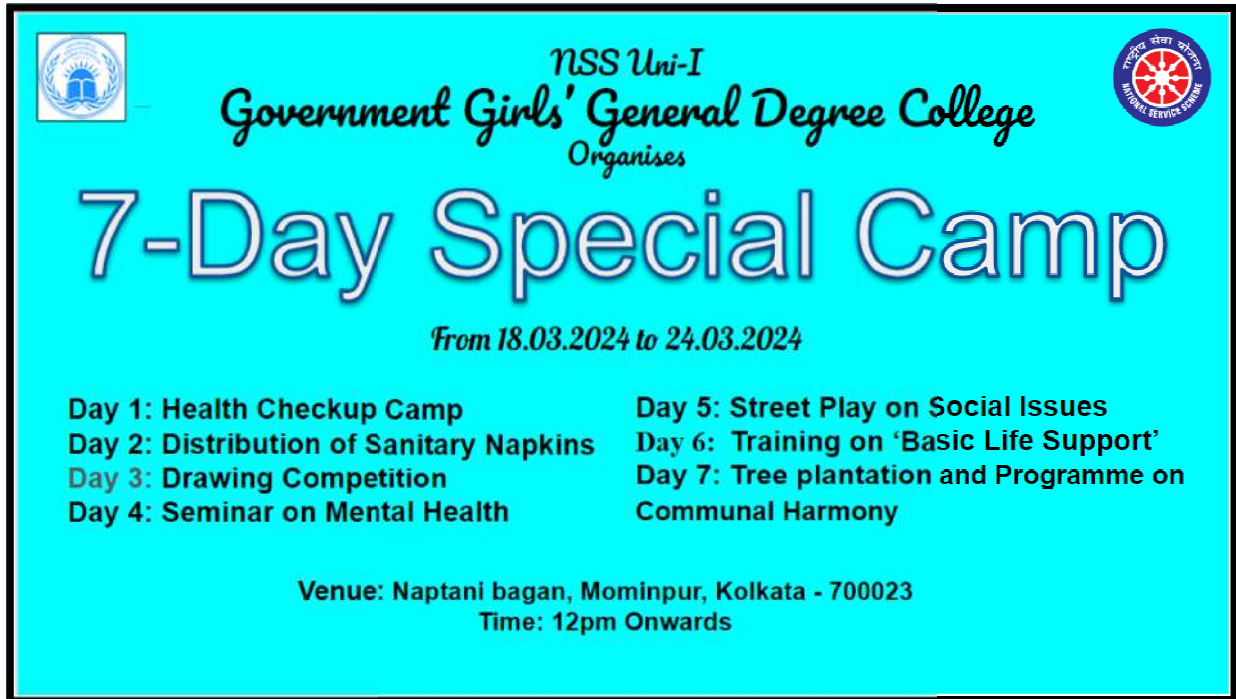


Government Girls' General Degree College Kolkata

Report on NSS 7-Day Special Camp



NSS Uni-I
Government Girls' General Degree College
Organises
7-Day Special Camp
From 18.03.2024 to 24.03.2024

Day 1: Health Checkup Camp	Day 5: Street Play on Social Issues
Day 2: Distribution of Sanitary Napkins	Day 6: Training on 'Basic Life Support'
Day 3: Drawing Competition	Day 7: Tree plantation and Programme on
Day 4: Seminar on Mental Health	Communal Harmony

Venue: Naptani bagan, Mominpur, Kolkata - 700023
Time: 12pm Onwards



Inauguration

Day 1

Date: 18.03.2024

Health Check-up Camp

On the first day of special camp a health check-up camp was organised for the people of the adopted slum and also for our students, teachers and staff. Our NSS volunteers played vital role in organising and managing this camp. A team of doctors came from Calcutta Medical Research Centre along with Mr.Sk.Sarfuddin, KLPO Kolkata and officer-in-charge from Ekbalpur police station. Dr.Parnamita Bhattacharya delivered a lecture on cervical cancer. Fifty volunteers participated and almost one hundred and fifty people were benefited from this camp. Medical kits were distributed among the slum dwellers. A wheel chair was donated by the NSS unit of the college to help the sick and disabled persons.



Health check up Camp



Donation of wheel chair



Lecture on Cervical cancer



Distribution of medical kit

Day 2

19.03.2024

Distribution of sanitary napkins among the ladies in slum

Volunteers from NSS unit-1 of our college visited the adopted slum along with Programme Officer Dr.Mumu Chakraborty, other faculty members and staff. Volunteers distributed sanitary napkins among the ladies in the slum. A rally from the college to the adopted slum was arranged to make the ladies aware of the use of sanitary napkins instead of ordinary cloth. An awareness programme was also conducted on “How to maintain hygiene during periods”. Fifty six volunteers participated and almost 100 people were benefited from this event.



Rally to make people aware of the use of sanitary napkins instead of ordinary cloth





Distribution of sanitary napkins

Day 3

Date: 20.03.2024

Drawing Competition on ‘Our Environment’

On the third day of special camp, a drawing competition on ‘Our Environment’ was organised with the children from the adopted slum. Our volunteers and senior faculty members also participated in this competition. This competition was organised to make the children aware of the necessity to protect our mother nature. At the end of the competition, prizes were given to the winners. Almost thirty people participated in this event. Also street animals were fed on this day.



Drawing Competition



Feeding of street animals



Distribution of Health Drink

Day 4

Date: 21.03.2024

Seminar on 'Mental Health'

A seminar titled 'Mental Health in the Era of Technology' was organised on the fourth day. Dr.Rajyasri Roy, Principal (WBSES), Kanyashree College (Govt.of West Bengal) graced the occasion as resource person and delivered a very helpful lecture. This was an interactive session between the volunteers and the resource person. She also conducted a meditation session for all. Almost 45 volunteers participated and eighty people were benefited by this event.



Seminar on Mental Health



Meditation Session

Day 5

Date: 22.03.2024

Street play on social issues in slum by the volunteers

On the fifth day of our special camp a workshop was organised on street play. Mr. Pradip Dutta, Krishti Sangsod Group and Spandan, participated as resource person. After a training session of one hour, the volunteers performed street play on 'Adverse Effects of Social Media' on the street near the adopted slum. Almost forty volunteers participated and over two hundred people were benefited from this event.



Workshop on Street play

Day 6

Date: 23.03.2024

Training on 'Basic Life Support' for the volunteers

A workshop and training programme on 'Basic Life Support' was organised on the sixth day. A group of doctors from IPGMER, Kolkata conducted the session. Almost fifty volunteers took training on this day. This will definitely help them to save lives in future.



Workshop on 'Basic Life Support'

In the evening, our NSS volunteers celebrated 'World Earth day' by switching off all the electric lights and living only on candles and diyas for one hour starting from 8 pm to 9 pm.



Celebration of 'World Earth Day'

Day 7

24.03.2024

Tree Plantation and Programme on Communal Harmony

The last day of our 7-Day Camp was full of events. First our students planted saplings in the college campus. Saplings were given names according to the name of the volunteer who will take care of it in future. Then posters on the topic ‘Gift our mother nature a green attire’ were put up to make people aware of the necessity to protect green around us. Health drinks were distributed among the local children.

Then communal harmony was observed by simultaneous celebration of Holi and Iftar party. Both volunteers and faculty members participated in the cultural programme ‘Basanto Utsav’.



Tree Plantation



Poster Campaign to save our Environment



Distribution of Health Drink among the Local Children



Celebration of Holi



Basanto Utsav



Iftar party with people from adopted slum



Thanks to our faculty members for their help and support. Special thanks to Prof. Abdul Matin for capturing such excellent photographs.

Report has been prepared by Dr. Mumu Chakraborty, Programme Officer, NSS Unit-1